



Who We Are

Cultivating Youth (CY) is a 501c(3) that works to eliminate childhood trauma, restore healing, prevent violence, and reduce obesity in New Orleans youth ages 8-18 through physical activity, mental health, education, and mentorship.

How We Serve

During the summer we host a summer enrichment program that serves youth ages 8-12 years old. Our full curriculum enrichment program helps with discovering a healthy lifestyle coupled with physical fitness, literacy, mental wellness, life skills, culinary lessons, entrepreneurship, career exploration, transportation, campcation & more!

Career Exploratory is helping youth identify their interest and possible career choice post graduation. We then partner youth with a professional in the career of their interest to have a at work, hands-on experience in that career. Some of the careers we partnered with: a variety of business owners, chefs, pilots/aviation, lawyers, judges, cosmetologists, musicians, doctors, educators, real estate agents and developers, etc.

Campcation is a 3 day trip that we take with the campers during the last week of summer enrichment. The campers pay for their own trip with the proceeds of their small business operation.

During Fall and Spring our after-school, no cost, enrichment program is geared towards 8-12 year olds. We operate after school Monday - Thursday from 3:30pm - 6:30pm. Students complete homework with tutors, actively work with mentors, participate in physical fitness activities or athletic training and receive a meal daily. Transportation is available.

Our mentoring program is geared towards 13-18 year old youth. We require a twice a week check-in with mentors to provide updates on their improvement plans that are curated to their specific needs and/or to participate in enrichment activities.

Enrichment

Therapy Sessions
Nutrition Education
Life Skills
STEM Sessions

Career Plan Development
Post Graduation Preparation
Youth Development

Work Force Development

//13-15 years old who are CY mentees help with programming and receive a stipend.

//16-24 year olds are hired to work during the Summer Enrichment program to teach, connect and peer mentor youth.

//18+ does paid event & volunteer work and receives a stipend.

Transitional Housing

Cultivating Youth Transitional Housing provides a safe, structured, and supportive environment for formerly incarcerated individuals who are reentering the community. Provides housing for adult males, ages 18+ who are formerly incarcerated and have been released on parole. The home's mission is to promote successful reintegration, reduce recidivism, and support residents in achieving stability through employment, education, behavioral and emotional support through referrals to licensed providers, transportation assistance, case management and life skills development. The program focuses on building independence while offering 24-hour supervision and access to supportive care services.

Transportation

We have made significant progress in eliminating transportation barriers by purchasing a dedicated transportation van for our program. This investment allows us to provide consistent, door-to-door transportation for all participants, ensuring they can attend programming regularly and safely. By removing the challenge of unreliable or inaccessible transportation, we are able to support higher participation, improve program engagement, and